

LET'S GET HEALTHY DETROIT!



**SAT OCT
5TH
12PM-3PM**

**COUNCIL PRESIDENT PRO TEM
MARY SHEFFIELD**

W/ARMOND RASHAD

SPECIAL EDITION OF

RUN THIS TOWN

YOGA/ MEDIATION BY LIVE CYCLE DELIGHT

DETROIT EDISON PUBLIC SCHOOL

FOOTBALL FIELD 2600 MACK DETROIT MI 48207